



DRUM HILL
Senior Living Community

INNER BEING LLC & DRUM HILL SENIOR LIVING
PRESENTS

Free
COMMUNITY YOGA
& Wellness

LOCATED IN THE NEWLY RENOVATED PENTHOUSE,
WITH AMAZING VIEWS OF THE HUDSON RIVER!
THIS CLASS WILL BE OPEN TO THE COMMUNITY.

EVERY FIRST & THIRD SATURDAY OF EACH MONTH
TIME: 10:15AM-11:15AM

LOCATION: 90 RINGGOLD ST.
PEEKSKILL, NY 10566

YOU MUST PRE-REGISTER TO ATTEND
EMAIL US AT ANNETTEKIRLEW@GMAIL.COM TO RESERVE YOUR SPOT

ALL PARTICIPANTS MUST WEAR A MASK TO ENTER THE BUILDING
AND YOUR TEMPERATURE WILL BE THEN TAKEN AT THE DOOR.

Come with open Mind and Leave with a Full Heart!

