



The United Methodist Church of Peekskill

Peekskill, New York

THE UNITED METHODIST CHURCH



AKD Wellness, LLC

Free Community Yoga For Health and Wellness

**United Methodist Church of Peekskill
1040 Main Street, Peekskill, NY 10566**

Tuesday, January 24th	5:30pm — 6:15pm
Tuesday, February 14th	5:30pm — 6:15pm
Tuesday, February 28th	5:30pm — 6:15pm
Tuesday, March 14th	5:30pm — 6:15pm

This Class is **FREE**, but you **Must Pre-Register to Attend.**

Please email us at **AnnetteKirlew@gmail.com** to reserve your spot.

Space is limited.

Chairs will be provided. Please bring your Yoga Mat if you have one but it is not necessary.