



**DRUM HILL**  
Senior Living Community

INNER BEING LLC & DRUM HILL SENIOR LIVING  
PRESENTS

*Free*  
**CHAIR YOGA**  
*& Wellness*

**LOCATED IN THE NEWLY RENOVATED PENTHOUSE,  
WITH AMAZING VIEWS OF THE HUDSON RIVER!  
THIS CLASS WILL BE OPEN TO THE COMMUNITY.**

**DATE: SATURDAY, JUNE 18TH**  
**TIME: 10:15AM-11:15AM**

**LOCATION: 90 RINGGOLD ST.**  
**PEEKSKILL, NY 10566**

**YOU MUST PRE-REGISTER TO ATTEND**  
EMAIL US AT [ANNETTEKIRLEW@GMAIL.COM](mailto:ANNETTEKIRLEW@GMAIL.COM) TO RESERVE YOUR SPOT

ALL PARTICIPANTS MUST WEAR A MASK TO ENTER THE BUILDING  
AND YOUR TEMPERATURE WILL BE THEN TAKEN AT THE DOOR.

*Come with open Mind and Leave with a Full Heart!*