

INNER BEING HAPPENINGS

A monthly newsletter brought to you by Inner Being Yoga and AKD Wellness

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SEPTEMBER, 2021

Behind the Scenes with AKD Wellness

End of season Harvest from Garden of Fern!



Follow Inner Being Yoga on FB and IG for upcoming **Fall Workshops**.



Bari's Massage and Wellness Corner

MASSAGE Special: Receive 20% off

Bari offers Swedish Massage, Table Thai Massage, Deep Tissue, Therapeutic Massage as well as energy work like Reiki and Jin Shin Jyutsu. We are offering a 20% discount on all services! Please contact her to schedule your wellness visit or for a free consultation to determine the best service for you.

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